

UKIAH DOLPHINS & UKIAH SOROPTIMISTS
PACIFIC SWIMMING AGE GROUP OPEN MEET
TREASURE HUNT AT DOLPHIN COVE

FRI DAY, SATURDAY & SUNDAY

JULY 11, 12, & 13, 2008

ENTER ONLINE AT: <http://swimconnection.com/pc/meet/ud>

SANCTION: Held under USA/Pacific Swimming Sanction Number: **0628**

LOCATION: Ukiah Swim Center and Municipal Park, Park Blvd., Ukiah, CA

From Eureka: Take US-101 South to Ukiah; take Perkins St. Exit; turn R at Stop Sign; continue on Perkins St. past 3rd light to N. Dora St.; turn R on N. Dora St.; continue on Dora to the 2nd Stop Sign; turn L on Grove St.; follow Grove St. up the hill and the park will be in front of you. The pool is towards the back of the park.

From Sacramento: Take I-5 North towards Redding; at Williams, take CA-20 exit towards Clear Lake/Colusa; turn L on CA-20; Continue on CA-20 for 85 miles; take US-101 South ramp towards Ukiah/San Francisco for @ 5.5 miles; take Perkins St. Exit; turn R at Stop Sign; continue on Perkins St. past 3rd light to Dora St.; turn R on Dora St.; continue on Dora to the 2nd Stop Sign; turn L on Grove St.; follow Grove St. up the hill and the park will be in front of you. The pool is towards the back of the park.

From Santa Rosa: Take US-101 North to Ukiah; take the E. Perkins St./Vichy Springs Rd.; turn L on E. Perkins St./Vichy Springs Rd.; continue on Perkins St. past 3rd light to Dora St.; turn R on Dora St.; continue on Dora to the 2nd Stop Sign; turn L on Grove St.; follow Grove St. up the hill and the park will be in front of you. The pool is towards the back of the park.

COURSE: Up to six lanes, 25 yard, outdoor heated pool. Electronic timing equipment will be used. Separate warm-up, warm-down pool is open during the competition.

TIME: Meet begins at 4 p.m. Friday and at 9 a.m. Saturday and Sunday. Warm-ups are from 3:00 p.m. - 3:45 p.m. on Friday evening and 7:30 a.m. - 8:45 a.m. on Saturday and Sunday.

RULES: Current USA and Pacific Swimming rules will govern the meet. Pacific Swimming warm-up procedures will be in effect. A copy of these procedures will be posted at the *Clerk of the Course*. All events are timed finals. **On Saturday, events 57 & 58 (500 Free) will be swum fastest to slowest. Girls/Boys may be combined or alternate heats as determined by the Referee. Swimmers must provide their own timers and lap counter.** Swimmers may compete in up to five (5) events per day plus relays. All coaches and deck officials must wear their USA Swimming membership cards in a visible manner. **ENTRIES WILL BE ACCEPTED UNTIL THE NUMBER OF SPLASHES EXCEEDS THE ESTIMATED TIME LINE PER THE FOUR-HOUR RULE BASED ON SWIMMER'S AGE & GENDER.** If local conditions warrant it, the Meet Referee, with the

concurrency of the Meet Director may require a mandatory scratch down. Immediate cash refunds will be made for any mandatory scratches. Check <http://swimconnection.com/pc/meet/ud> for session open or closed status.

RESTRICTIONS: Smoking and the use of other tobacco products is prohibited on pool deck, in the locker rooms, spectator seating or standing areas and in all areas used by swimmers during the meet and during warm-up periods. Sale and use of alcoholic beverages is prohibited in all areas of the meet venue. The meet venue shall include the pools and deck, locker rooms, snack bar, spectator seating area and the area immediately adjacent to the locker rooms where the Clerk of the Course and computer will be located. NO GLASS CONTAINERS on the pool deck or in locker rooms.

ELIGIBILITY: Swimmers must be current members of USA-S and enter their name and registration number on the meet entry card as they are shown on their registration card. If this is not done, it may be difficult to match the swimmer with the registration and times database. The meet host must check all swimmer registrations against the SWIMS database and if not found to be registered, the Meet Director shall accept the registration at the meet (a \$10 surcharge will be added to the regular registration fee). Duplicate registrations will be refunded by mail. Meet is open to all qualified swimmers, who have met the listed time standards. Swimmers aged 19 and over may participate in the 13 & over and OPEN events but will not be scored or awarded. Disabled swimmers are welcome to attend this meet and should contact the Meet Director or Meet Referee regarding special accommodations on entry times and seeding per Pacific Swimming Policy.

CHECK-IN: The meet will be deck seeded. Swimmers must check in each day at the Clerk of the Course. Close of check-in shall be no more than 30 minutes before the estimated time of the start of the first heat of that event. Swimmers who do not check-in will not be allowed to compete in the event. Swimmers not checking in timely on Friday will be offered the opportunity to swim the event for time only (no awards or points) after the scheduled events for Friday have been swum.

SCRATCHES: Any swimmer who has checked in for an individual event and fails to swim that event will be barred from competing in the next individual event in which the swimmer is entered in this meet. The penalty will not apply if the swimmer scratches before the event is seeded or if the Referee accepts proof that the failure was caused by illness, injury or other circumstances beyond the control of the swimmer.

ENTRIES: Entries must be completely filled out including best short course time for the event. Entered times must be submitted in yards. Entries with "NO TIMES" will be placed in the slowest heat(s). Entries must be postmarked by midnight, Monday, June 30th and mailed to: Ukiah Dolphins * P.O. Box 635 * Ukiah, CA 95482. Entries can be hand delivered to: Yokayo Veterinary Clinic * Attn: Mary Merritt * 2300 N. State Street * Ukiah, CA 95482 by 6:00 p.m. Wednesday, July 2nd. Enter via <http://swimconnection.com/pc/> and receive an immediate entry confirmation. This method requires payment by credit card. Swim Connection LLC charges a processing fee for this service, equal to \$1.00 per swimmer plus 5% times the entry fees. Please note that the processing fee is a separate fee from the entry fees. If you do not wish to pay the processing fee, enter the meet using a mail entry.

ENTERING ONLINE IS A CONVENIENCE AND IS COMPLETELY VOLUNTARY. IT IS IN NO WAY REQUIRED OR EXPECTED IN ORDER TO ENTER THIS MEET. THE DEADLINE FOR ONLINE ENTRIES IS MONDAY, JUNE 30TH AT MIDNIGHT. SHOULD YOU CHOOSE TO ENTER ONLINE, PLEASE MAKE SURE TO BRING YOUR CONFIRMATION NOTICE WITH THE EVENTS LISTED.

Incomplete or illegible entries or entries without fees will require a collect call before entries are accepted. **NO LATE ENTRIES WILL BE ACCEPTED. Except for mandatory scratches, NO REFUNDS WILL BE MADE.**

ENTRY FEES: Fees will be \$2.25 per individual event; \$7.00 per relay and a \$5.00 per swimmer participation fee to help cover meet expenses. Relay entries will be accepted the day of the meet at a time to be announced. There is no limit on relay entries from each club. Please make checks payable to UKIAH DOLPHINS and mail entries to : P.O. Box 635 * Ukiah, CA 95482.

AWARDS: **Individual Events** will be awarded distinctive pins 1st through 6th and ribbons 7th through 12th. **Relay Events** will be awarded distinctive pins 1st through 3rd and ribbons 4th through 6th.

SCORING: 8 & under individual events will be scored and awarded as 6 & under and 7-8. 13 and over individual events will be scored 13-14, 15-16 & 17-18. 13-14 & 15-18 relays will be swum together but scored separately. Swimmers 19 & over will not be scored or eligible to receive awards. **Team Points** are as follows:

Individual Events: 12-11-10-9-8-7-6-5-4-3-2-1

Relay Events: 26-22-20-18-16-14

ADMISSION: Admission to the three-day event is free. Programs will be available for \$4.00.

OFFICIALS:

Referee:	Dennis Sturdevant
Starter:	Ron Selim
Head Marshal:	Mary Merritt
Meet Directors:	Peggy Ramirez/Sheryn Hildebrand

HOSPITALITY: A full snack bar will be available. Lunches and our famous Ukiah hospitality to all working officials, coaches, and timers.

FRIDAY, JULY 11			
8 & Under	10 & Under	11-12	13-up
25 Free (Open) 200 Free 1650 Free (Open)*	25 Free (Open) 200 Free 1650 Free (Open)*	25 Free (Open) 1650 Free (Open)*	25 Free (Open) 1650 Free (Open)*
SATURDAY, JULY 12			
8 & Under	10 & Under	11-12	13-up
25 Free 50 Back 50 Breast 100 Free 25 Fly 100 Med Relay 500 Free (Open)*	50 Free 200 IM 100 Back 50 Breast 100 Fly 200 Med Relay 500 Free (Open)*	100 Free 200 IM 100 Breast 50 Fly 50 Free 100 Back 200 Med Relay 500 Free (Open)*	200 IM 100 Back 200 Breast 100 Free 200 Fly 200 Med Relay 500 Free (Open)*
SUNDAY, JULY 13			
8 & Under	10 & under	11-12	13-up
400 IM (Open) 100 IM 50 Fly 50 Free 25 Back 25 Breast 100 Free Relay	400 IM (Open) 100 IM 100 Breast 100 Free 50 Back 50 Fly 200 Free Relay	400 IM (Open) 100 IM 50 Breast 200 Free 50 Back 100 Fly 200 Free Relay	400 IM (Open) 50 Free 100 Fly 200 Free 200 Back 100 Breast 200 Free Relay
* SWIMMERS MUST PROVIDE THEIR OWN LAP COUNTERS AND TIMERS FOR THE 1650 FREE ON FRIDAY AND THE 500 FREE ON SATURDAY			

Girls will be odd events and Boys will be even events

FRIDAY, JULY 11

Event #		Age	Event
1	2	OPEN	25 Free
3	4	10-un	200 Free
5	6	OPEN	1650 Free*

SATURDAY, JULY 12

SUNDAY, JULY 13

Event #		Age	Event	Event #		Age	Event
7	8	11-12	100 Free	59	60	OPEN	400 IM
9	10	13-up	200 IM	61	62	10-un	100 IM
11	12	10-un	50 Free	63	64	11-12	100 IM
13	14	8-un	25 Free	65	66	8-un	100 IM
15	16	13-up	100 Back	67	68	13-up	50 Free
17	18	11-12	200 IM	69	70	10-un	100 Breast
19	20	10-un	200 IM	71	72	11-12	50 Breast
21	22	8-un	50 Back	73	74	8-un	50 Fly
23	24	13-up	200 Breast	75	76	13-up	100 Fly
25	26	11-12	100 Breast	77	78	10-un	100 Free
27	28	10-un	100 Back	79	80	11-12	200 Free
29	30	8-un	50 Breast	81	82	8-un	50 Free
31	32	13-up	100 Free	83	84	13-up	200 Free
33	34	11-12	50 Fly	85	86	10-un	50 Back
35	36	10-un	50 Breast	87	88	11-12	50 Back
37	38	8-un	100 Free	89	90	8-un	25 Back
39	40	13-up	200 Fly	91	92	13-up	200 Back
41	42	11-12	50 Free	93	94	10-un	50 Fly
43	44	10-un	100 Fly	95	96	11-12	100 Fly
45	46	8-un	25 Fly	97	98	8-un	25 Breast
47	48	11-12	100 Back	99	100	13-up	100 Breast
49	50	8-un	100 Med Relay	101	102	11-12	200 Free Relay
51	52	10-un	200 Med Relay	103	104	10-un	200 Free Relay
53	54	11-12	200 Med Relay	105	106	8-un	100 Free Relay
55	56	13-up	200 Med Relay	107	108	13-up	200 Free Relay
57	58	OPEN	500 Free*				

"Treasure Hunt at Dolphin Cove"

Ukiah Dolphin's Annual Swim Meet

July 11, 12, & 13, 2008

Lots of fun, food, camping and teamwork

TENT CAMPING: Participants and their families are invited to camp in the park Friday & Saturday nights only. Tent camping only; NO FEE! No vehicles in the park but overnight parking of RVs outside the park is allowed. **Overnight camping and RV parking are not Ukiah Dolphin sponsored activities. Those using the park for overnight camping and RV parking do so at their own risk. All campers must have tents down and out of the park by 10 a.m. Sunday.**

LOCAL HOTELS INCLUDE:

Hampton Inn*	707-462-6555
Comfort Inn and Suites*	707-462-3442
Discovery Inn	707-462-8873
Best Western	707-462-1514
Holiday Inn	707-462-2006

*Hampton Inn and Comfort Inn and Suites have special "UKIAH DOLPHIN RATES" for this event.

Rates at the Hampton Inn for July 11 & 12 will be \$109 standard room with king size bed or two queen size beds; and \$139 upgraded room with king size bed and Jacuzzi tub and fireplace. Complimentary full breakfast including hot entrees included in room rate.

Rates at the Comfort Inn and Suites for July 11 & 12 will be \$89 standard room with king size bed or \$99 upgraded room with king size bed and a twin size sofa sleeper. Complimentary full breakfast including hot entrees included in room rate.

Saturday, July 12 Jolly Roger BBQ

6 p.m. – 8 p.m.

\$10.00/person 7 & older Children 6 & under - \$5.00

BBQ Chicken, Green Salad, Pasta Salad, Rolls, Chili Beans & a Drink

Fantastic Desserts will be available for \$1.00 extra

Sunday, July 13 Avast Me Hearties Breakfast

7 a.m. - 9 a.m.

\$5.00/person

Pancakes, Sausage, OJ, Coffee & Hot Chocolate

