



Beginning Monday, June 7
Westside Aquaducks Summer Training Schedule
(Be sure to note the location of each practice)

D2

T 9:00-10:00am PHS
Th 9:00-10:00am PHS
F 4:45-5:45pm PHS
S 9:30-10:30am PHS

D3

M 3:30-4:45pm PHS
W 8:15-9:30am SC
F 3:30-4:45pm PHS
S 7:00-8:15am SC

D4

M 3:30-4:45pm PHS
W 8:00-9:30am SC
F 3:30-4:45pm PHS
S 7:00-8:15am SC

Purple

M 8:00-9:30am SC
T 7:30-9:00am PHS
W 7:00-8:30am SC
F 8:00-9:30am SC
S 9:00-10:30am PHS

Silver

M 7:30-9:30am SC
T 7:00-9:00am PHS
Th 7:00-9:00am PHS (combined with Seniors...alternate weeks of coaching)
F 7:30-9:30am SC
S 7:30-9:30am PHS

Senior

M 7:00-9:00am SC
T 3:30-5:30pm PHS
W 7:00-9:00am SC, 3:30-4:45pm PHS
Th 7:00-9:00am PHS, 3:30pm + Bay
F 7:00-9:00am SC
S 7:00-9:00am PHS